



Sunday, 16th October 2022 - 0900 START

Putteridge Bury, LU2 8LE

Hello runners,

Please read this document carefully and make sure you are fully prepared for race day.

Race information and resources are available on our website at runawayadventures.com/resources

How to get there?

Event venue address

Putteridge Bury, Hitchin Road, LU2 8LE

Arriving by car

The entrance is located on the A505 Hitchin Road/Beech Hill (there is no access via Putteridge Road).

If you are arriving from the Luton direction, you will need to be in the right lane after exiting the roundabout.

Arriving by train

There are regular trains arriving in Luton throughout the morning.

The station is 3.5 miles from the event venue. Please arrange onward travel via taxi, bus or bike - Secure bike parking will be available.

Registration

Upon arrival, please follow the blue arrows to the registration area.

Registration will be open from 0730-0840.

Start

The start line is a short (400m) walk from event registration. All runners must make their way to the start line no later than 0855.



Race t-shirts

Our race t-shirts are available to purchase both online and at the finish line.

runawayadventures.com/store

Race information

Please aim to get to registration in good time - There will be barista coffee available.

Itinerary

- 0715 Event venue opens
- 0730 Registration opens
- 0840 Registration & bag drop closes
- 0845 Safety briefing
- 0855 Walk to start (400m)
- 0900 Race start
- 1730 Finish line cut-off

Bag drop

A bag drop is available at registration between 0730 & 0840.



Our pre-recorded race briefing will be emailed to runners on October 12th. Please watch this before you arrive.

Mandatory kit

- Mobile phone (fully charged)
- Refillable water system (min 0.5L)
- Waterproof/windproof jacket
- Route map (provided)
- Access to the route via watch/phone



07874 947339

In the event of an emergency, please use this number to contact the race director.

If you need to withdraw from the race, try to do this at an aid station. You **MUST** alert a marshal or contact us before leaving the course.

Route information

All route resources can also be found on our website at runawayadventures.com/resources

Route Information

DISTANCE - 50KM
ELEVATION - 798m+

There are three checkpoints/aid stations on route, these are located at:

- CP1: Barton - 14.7km (WC TBC)
- CP2: The View - 28.9km (WC)
- CP3: Offley Village Hall - 37.5km (WC)

All runners must have departed checkpoint 3 by 1515 in order to make the finish cutoff. Runners arriving after this time will be stopped for safety reasons.

Route Navigation

The route will be marked with orange/white arrow markers and orange ribbons.

A printed map will be given to you at registration, and it is mandatory to have access to the route on your phone/watch as a backup (see below).



If you're having trouble accessing the route, or saving it to your device, please get in touch via hello@runawayadventures.com

Save the route

It is mandatory for runners to have access to the route on their phone or watch, to act as a backup.

We have pre-uploaded the route to Ordnance Survey Maps, Garmin Connect & Google Maps.

Please visit runawayadventures.com/resources for links, videos and downloads.

[Access route resources](#)

Post race

Specators are welcome!

Please invite your friends and family to cheer you through the finish line.

Live results

runawayadventures.com/results

Photos

We will email all runners a few days after the event with a link to the photo gallery.

Refreshments

- Pizza served from midday.
- Hot and cold soft drinks all day.
- Craft beer and bar operated by DRINK Biggleswade.

